MSP-F1   **45 Hours**

SOCIOLOGY, PSYCHOLOGY AND ANTHROPOLOGY

The Study of Human Society:
a) The Sociological/Anthropological point of views, b) The Value of Sociology
     and Anthropology and c) Perspectives in Sociology and Anthropology

Major Groups:
a) Primary and Secondary Groups, b) Rural and Urban Communities, c) Caste
d) Class and Stratification

The Social Structure:
Major forms of Social Structure: a) Types of social group, b) Groups in social life c)
The Primary group, d) The Great Association

The Family: a) Sociological Significance of the Family, b) Early forms of the Family,
c) Types and functions of Family

The Community:
a) The Communities as place. Its Physical Configuration
b) Community and Intra Communal Difference

Social Class and Caste: Principles of Class and Caste

Ethnic and Racial Groups:
a) Ethnic and Racial Relations in Social life, b) Ethnic and Racial groups as 'Caste'

Varna and Caste System
i)   Concept & Definition of Varna and Caste System, Scheduled Caste
ii)   Changing Caste System in India-legislation, normative, and behavioral context
       and its influence on demographic characteristic of the Population

Tribes in India:
a) Definition of Tribe/ Scheduled Tribe; b) Special distribution; c) Composition;
d) Size and Growth

Society and Culture in India
1. Aspects of society and culture in India, and its role and importance in Population Studies.
2. Social Institutions and their role in influencing demographic situation of the Population of India - Family, Marriage, Kinship and Religion

Social Institutions:
Family, Kinship, Marriage, Religion, Statues of women and Relevance with demographic components

Economics Institutions: Land tenure, Land use pattern, and Tribal Economy.

Administrative and Political: Traditional Panchayat and Panchayat Rai Institutions, Tribal Movements and Developments.

Social Change
Definition and Concept of Social Change
Process of Social Cultural Change in India and its role in influencing demographic characteristic:

a) Sanskritization, b) Secularization, c) Liberalization, d) Modernization,
e) Democratization

Social Psychological Concepts:
The Value of psychology and perspectives in psychology; scientific study of social influences on behavior and the interaction between individuals and groups; social pressure, leadership

Basics of Psychology:
Why Psychology, branches of psychology, methods of research, Psychological well-being across major stages of the life span. Role of psychology in population studies.

Sensation, Attention and Perception:
Sensation: concepts of threshold, Factors influencing attention including set and characteristics of stimulus; Definition and concept of perception, biological factors in perception; Perceptual organization-influence of past experiences, perceptual defence-factors influencing space and depth perception, size estimation and perceptual readiness; Extrasensory perception; Culture and perception, Subliminal perception.

Motivation and Emotion:
Psychological and physiological basis of motivation and emotion; Effects of motivation and emotion on behaviour; Extrinsic and intrinsic motivation; Factors influencing intrinsic motivation; the related issues.

Personality:
Definition and concept of personality; Theories of personality (psychoanalytical, socio-cultural, interpersonal, developmental, humanistic, behaviouristic, trait and type approaches); big 5 factor theory;

Language and Communication:
Human language - Properties, structure and linguistic hierarchy, Language acquisition-predisposition, critical period hypothesis; Process and types of communication - effective communication training.

Psychological well being and Mental Disorders:
Concept of health-ill health; Positive health, well being; Causal factors in mental disorders (Anxiety disorders, mood disorders, schizophrenia and delusional disorders; personality disorders, substance abuse disorders); Factors influencing positive health, well being, life style and quality of life; Happiness disposition.

Reading List
Essential Readings :

1. Davis Kingslay, *Human Society,* Macmillen and Co., New York, (1975), Chapters 1, 3,5,6.
2. Kapadia K. M., *Marriage and Family in India,* Oxford University Press, Calcutta, (1986).
3. Ketkar S.V., *History of Caste in India,* Rawt Publication, Jaipur, (1979).
4. Kuppuswamy B., Revised by B.V. Kumar, *Social Change in India,* Konark Publication Pvt. Ltd. Delhi, (1990).
5. Mandelbaum D.G., *Society in India-Continuity and Change and Change and Continuity,* Vol.I. University of California Press, London, (1970).
6. MaCiver R.M., Charles H. Page, *Society an Introductory Analysis,* Halt Riehart Winston, New York, (1949), Chapters No.1, 3,7,11,15,22,24,25,26.
7. Srinivas M.N.,*Social Change in Modern India,* University of California Press, Berkeley, (1966)

8. Vidyarthi L.P., *The Tribal Culture of India,* Concept Publishing Co., Delhi, (1977).
9. Sigmund Freud, The Interpretation of Dreams (1900)
10. Charles M. Duhigg, *The Power of Habit* (2012)
11. Karen Horney, The Neurotic Personality of Our Time (1937)
12. Oliver Burkeman, The Antidote: Happiness for People Who Can't Stand Positive Thinking (2012) .
13. Carl Gustav Jung, Man and His Symbols (1964)
14. Introduction to Psychology 10th Edition James W. Kalat (2013)

Suggested Readings :

1. Hasain N., *Tribal India Today,* Harnam Publication, New Delhi, (1986).
2. Krech D.; Crutchfield R.S. and Ballachey E.L., *Individual in Society,* International Student Edition, McGraw-Hill Book Company, INC, New York, (1962).
3. Linda A. Mooney, Davis Knox & Caroline Schacht, *Understanding Social Problems,* 3rd Edition, Wadsworth / Thomson Learning, USA, (2002).
4. N.P. Chaubey, *Indian Society at the Turn of the Century,* Century Printers,New Delhi, (1988).
5. Ram Mohan, *Encyclopedia of Social Problems in Developing Countries,*Vol-1, 2,3, Sarup & Sons, New Delhi, (2003).
   a. Richard T. Lapiere, *Social Change,* McGraw-Hill Book Company, New York, (1965).
6. S. Kumar and S. Gajrani, *Culture and Society in India,* Om Publications, Faridabad, (1999).
7. S.R.Maheswary, *Society and Culture,* Rajat Publications, Delhi, (2000).
8. RamKrishna Mukherjee, *Society, Culture & Development, Sage Publications,* New Delhi, (1991).
9. Feldman R.S., *Social Psychology Theories, Research and Applications,* International Student Edition, McGraw-Hill Book Company, INC, New York, (1985).
10. France N. Magill (ed.),*International Encyclopedia of Sociology,* Vol. II and I (selected readings) Fitzriy Dearborn Publishers, England, (1995).